# IMPORTANT INFORMATION TO KNOW FOR MEMBERS OF THE EMPLOYMENT PARTNERS BENEFITS FUND

# PARTICIPATE IN DRIVEN TO WELLNESS AND SAVE ON YOUR 2023 HEALTHCARE COSTS

Both you and your spouse must complete the following requirements before September 30, 2022 to qualify for the 2023 healthcare costs with the lost cost sharing. The exam must include:

Blood Pressure

Height/Weight

Lipid Panel or Cholesterol or Fasting Blood Glucose

Urinalysis, Comprehensive Metabolic Panel and/or Complete Blood Count (CBC) are not required as part of your preventive exam and ARE NOT covered as routing services

**Please note:** as of 3-1-18, PSA's ARE a covered benefit but ARE NOT required as a part of your preventive exam.

### AS A MEMBER OF THE EMPLOYMENT PARTNERS BENEFITS FUND YOU HAVE A DEDICATED HEALTH ADVOCATE

JOSHUA T. PASCAZI

EMAIL JOSHUA.PASCAZI@HIGHMARK.COM

TOLL-FREE 1-844-576-1245

# WE CAN HELP YOU:

- Choose an In-Network Doctor
- Select the right specialty (Family Practice, Pediatrics, OB-GYN)
- Assist in getting your medical records transferred

#### TIPS FOR FINDING A DOCTOR:

- Think about convenience (location, weekend, evening hours)
- Length of time to schedule an appointment